



## CLUB QUICK FACTS

*We would like to encourage you to read the rules and regulations contained in your membership packet. This fact sheet was put together as a quick reference for your convenience.*

### HOURS OF OPERATION

Monday-Friday 7 AM to 7 PM  
Saturday & Sunday 8 AM to 5 PM

### CONTACT US

(239)-444-1180

### AQUATICS CENTER

*The 2800 square-foot unique heated lagoon-style pool features a zero-entry area, allowing safe and easy access to the pool. A separate whirlpool spa provides members with the pleasures of hydro-massage. Plus, members can enjoy the 25 yard heated lap pool.*

### FITNESS CENTER

*Personal Training and fitness classes available in our state-of-the-art fitness center and aerobic studio:*

- Yoga
- Body Sculpting
- Core Resistance
- Interval Bootcamp
- Water Aerobics

### ACTIVITIES

*The Renaissance Center Club welcomes member organized activities throughout the year:*

- Bridge - Lending Library - 2 Pickleball Courts
- Book Club - Meetings
- Movie Club - Craft Groups
- Lectures - Computer with printer for Member use
- Mahjong - 3 Bocce Courts for Member use

### SPA SERVICES

*Revive your mind, body and spirit with these rejuvenating therapies:*

- Massage Therapy~ *Swedish Relaxation, Aromatherapy, Reflexology, Warm Stones, Deep Tissue*
- Facial Skin Care~ *European Facial, Oxygen Facial, Chemical Peels, Microdermabrasion & more*
- Body Treatments~ *Sea Salt Glow, Body Peel*
- Spa Enhancements~ *Deep Heat Paraffin, Scalp Massage, Herbal Foot Treatment & more*

***For Spa Appointments Call (239) 405-0463***

### TENNIS CENTER

*Palmira Tennis Club Membership offers something for everyone:*

- Private Lessons
- Weekly Clinics
- Team Leagues
- Monthly Mixers
- Ball Machine

***Contact the Tennis Center for more information at (239) 444-1187***

### RC GRILLE

*The RC Grille offers indoor or outdoor poolside seating to enjoy a wide variety of menu items. Open 11-5 everyday, weather permitting.*

***Contact the RC Grille at (239) 444-1183***